



**Twentieth Sunday in ordinary Time- Year B (P 704) – 19/8/2018**

**ENTRANCE ANTIPHON Ps 83:10-11**

Turn your eyes, O Lord, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.

**FIRST READING 9:1-6 Page 705**

A reading from the book of Proverbs.

**Come and eat my bread, drink the wine I have prepared.**

Wisdom has built herself a house; she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table.

She has despatched her maidservants and proclaimed from the city's heights: "Who is ignorant? Let him step this way."

To the fool she says, "Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.

**✠ The word of the Lord. ✠**



**Responsorial Psalm**

**Taste and see the goodness of the Lord.**

**SECOND READING**

A reading from the letter of St Paul to the Ephesians. 5:15-20 page 706

**Be watchful that you may know the will of God.**

★ Be very careful about the sort of lives you lead, like intelligent and not like senseless people.

This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit.

Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ. ★

**✠ The word of the Lord. ✠**

**Bread of Life**



*"Food for the body ... Nurture for the soul"*

**Gospel Acclamation**

Alleluia, alleluia!

All who eat my flesh and drink my blood live in me and I in them, says the Lord. Alleluia!

**GOSPEL**

Page 706 6:51-58

The reading from the Holy Gospel according to John.

**My flesh is real food and my blood is real drink.**

★ Jesus said to the crowd: "I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give in my flesh, for the life of the world." Then the Jews started arguing with one another: "How can this man give us his flesh to eat?" they said.

Jesus replied: "I tell you most solemnly, if you do not eat the flesh of Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As, I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me.

This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, by anyone who eats this bread will live fore ever." ★

**◆ The Gospel of the Lord. ◆**



**COMMUNION ANTIPHON**

With the Lord there is mercy; in him is plentiful redemption.

**PRAYER AFTER COMMUNION**

Made partakers of Christ through these Sacraments, we humbly implore your mercy, Lord that conformed to his image on earth; we may merit also to be his coheirs in heaven. **Who lives and reign for ever and ever.**

